

# Rhythm of the Business

## WELLNESS TRAK EVENTS



**The Wellness Trak  
Operating System**





# Wellness Trak Events Definitions

**3** degrees  
Apprentice (B)  
Coach (A)  
Mentor (A+)

## EVENT DEFINITIONS / ATTENDEES

<u>Event Type</u>	<u>A+</u>	<u>A</u>	<u>B</u>	<u>C (Prospect)</u>
<b>Personal</b>	-	1?	1	1
<b>Private</b>	1?	1	1	many
<b>Semi-Private</b>	1?	1	few	many
<b>Public</b>	1 or more	few	many	many

? – May or may not be used. Can be a person or tool.



# Wellness Trak Events

## ABC Support Structure

**3** degrees  
Apprentice  
Coach  
Mentor

### TEAM EVENTS (Private/Semi ABC)

Wellness Home Briefing  
Strategy Session  
Validate Plan ABC Call  
Get Aligned *Team* Meeting  
Alignment ABC Webcast  
Platinum Mentoring Call  
Diamond Mentoring Call  
Royal Diamond Mentoring Call  
National Convention Royal Diamond Retreat

### COMMUNITY EVENTS (Public ABC)

Wellness Home Network ABC Call  
Mid-Month Event  
Nikken Kick-Off Call  
Nikken PC Call  
Nikken Royal Diamond Call  
Quarterly Regional Expo  
Nikken U: HBM / Fundamentals  
Nikken U: Adv Leadership & Comm  
Nikken U: Nikken MBA  
Nikken National Convention  
Nikken World Convention  
World Convention Royal Ambassador Summit

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# Wellness Trak Events

## Roles & Responsibilities

Rhythm	Team Event	A+	A	B	C
Daily	Contact/Invite ABC Call		CP/Tools Silver+	New Partner New Partner	Prospect Prospect
Weekly	Wellness Home Briefing	(WHN ABC Call)	Silver/CP	New Partner	Prospects
	Strategy Session (Validate Plan ABC Call)	(VP ABC Call)	Silver Gold	New Partners Silvers	Prospects Prospects
	Get Aligned <b>Team Meeting/Call</b> (Alignment ABC Webcast)	(AI. ABC Webcast)	Gold Diamond	Silvers Golds	New Partners New Partners
Monthly	Platinum Mentoring Call Diamond Mentoring Call Royal Diamond Mentoring Call		Platinum Diamond Royal Diamond	Gold Platinums Diamonds	Silvers Golds Platinums
Quarterly					
Semi-Annually					
Annually	National Convention RD Retreat		Royal Diamond	Diamonds	Platinums
Tri-Annually					



# Wellness Trak Events

## Roles & Responsibilities

Rhythm	Community Event	A+	A	B	C
Daily					
Weekly	WH Network ABC Call/Web Cast Local Wellness Preview	Platinums+	Platinums Golds	New Partners New Partners	Prospects Prospects
Monthly	Mid-Month Event Nikken Kick-Off Call Nikken PC Call Nikken Royal Diamond Call	Platinums+	Golds Nikken Nikken Nikken	Silvers Recognitions Royal Diamonds Lead. Council	New Partners All Consultants PCs RDs
Quarterly	Regional Expo Nikken U: HBM / Fundamentals	Nikken/Diamond+	Platinums Nikken+PCs	Golds All Consultants	Silvers All Consultants
Semi-Annually	Nikken U: Adv Lead. & Comm.	Royal Diamonds	Nikken+Dias	Platinums	Golds
Annually	Nikken U: Nikken MBA Nikken National Convention	Nikken+RAs Keynote Speakers	Roy Dia.s Nikken	Diamonds Recognitions	All Consultants
Tri-Annually	Nikken World Convention World Convention RA Summit	Keynote Speakers Nikken	Nikken RAs	Recognitions Royal Diamonds	All Consultants Diamonds



# **Wellness Trak Events Advanced Learning Modules**

## **NIKKEN UNIVERSITY**

**Humans Being More & Business Fundamentals**

**Advanced Leadership & Communication**

**Nikken MBA**



